

RSE Vocabulary Progression Map (January 2022)

Note - As the year groups progress, each previous year groups vocabulary is to be continually referred to and used.

Year Group	Autumn	Spring	Summer
Reception	Friends, help, like, dislike, ask, play, game, kind, helpful, resilience, family, feelings, emotions, clean, germs, wash, toilet, dry, spread, ill, help, independent	healthy, choices, risks, food, sleep, eat, diet	safe, unsafe
Year 1	Feelings, private, emotions, change, touch, love, uncomfortable, comfortable, unsafe, safe, permission, communication, internet, safety, aware, respect, privacy, individuality, interests, strengths, help, community, differences, similarities	Family, care, relationships, feelings, marriage, support, roles, emotions, respect, kind, unkind, rules, responsibilities, community, needs, environment, humans	: Healthy, unhealthy, self-care, exercise, hygiene, physical, people who can help, safe, unsafe, special, unique, individual, likes, dislikes, same, different, feelings, actions, safe, unsafe, restricted, online, feelings
Year 2	friendships, relationships, socialising, agree, disagree, resolve, feelings, help Online,	teams, collaboration, faith, community, inclusion, life cycle, age, young, old, aging, bodies,	digital, information, entertainment, factual, real, false, physical, mental, habits,

	harmful, hurtful, online, bullying, surprises, secrets, comfortable, uncomfortable, privacy common, similarities, differences, cooperation, respect	opportunities, responsibilities transitions, goals, hopes and dreams. life-long skills, familiar, unfamiliar, safe, unsafe, environment, emergency, accidents	self-care, reflection, mindfulness, feelings,
Year 3	single same-sex blended adoptive foster similar stability safe unsafe support encouragement, leisure work altered accurate photoshop age-appropriate search engine report content communication interests, goals, hobbies	trust appropriate social groups personal boundaries passwords logins adult supervision secure bullying anti-bullying consequences online responsible model self-respect polite courtesy social norms considerate manners society	habits positive negative sugar sugar-free balanced diet body language actions valuable strengths interests identity challenges setbacks strategies manage stress
Year 4	teasing witness dares peer pressure secret pretending content behaviour gender race faith religion diversity identity culture language disability values aspirations	mutual respect lonely excluded digital communication worries anxiety mobile WhatsApp text messaging strategies digital footprint the cloud personal advertising factual popularity search engine social media online shopping	lifestyle illness doctor GP oral hygiene dental health flossing dentist plaque gums toothpaste puberty hygiene deodorant sweat body odour medicine drugs cigarettes alcohol side effects legal illegal
Year 5	peer influence, peer approval, disputes, inclusive, exclusive,	traditions, beliefs, racism, sexism, homophobia, trolling,	blogs, unbiased, biased, stereotypes, suspicious

	<p>influence, reconcile physical contact, permission, acceptable, unacceptable, appropriate, inappropriate resources, compassion, environment, damage, support, impact, allocated, opinions</p>	<p>discrimination, harassment, lifestyle ambition, working conditions, personal interests, qualities, family values, diversity, inclusion, career opportunities, stereotypes, apprenticeships, university, college, degree, career path race, sex, gender, faith, culture, hobbies, gender identity, biological sex, emotional wellbeing</p>	<p>content, persuade, fact, opinion Sleep cycles, bedtime, sun exposure, skin damage, heat stroke, diseases, vaccinations, immunisations, bacteria, hygiene, routines Risks, unsafe, emergency, positive risk taking, dangerous behaviour, emergency services,</p>
<p>Year 6</p>	<p>gender, faith, sexual orientation, gender identity, civil partnership, forced marriage, arranged marriage, marriage, civil partnership, commitment consent, personal safety, peer pressure, healthy/unhealthy friendship role model, conflict, disagreements, values, points of view, constructive</p>	<p>prejudice, discrimination, stereotypes, influence, perpetuate social media, altered, online content, inappropriate content, age restrictions, manipulate, altered</p>	<p>conflicting feelings, grief, positive habits, mental health, loneliness, support, cope, coping, sexual intercourse, consenting adults, intimate, sperm, egg, fertilisation, womb, pregnancy, contraception, penis, vagina, parent, carer, transition personal information, appropriate images, inappropriate images, misuse, nicotine, alcohol, medicines, illegal drugs</p>