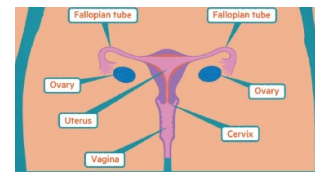
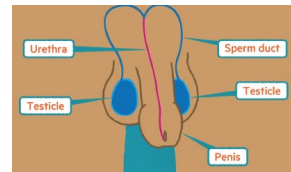


# Year 6 - RSE - Transition and Changes

## Subject specific vocabulary

relationships	The way in which two or more people feel and behave towards each other.
puberty	The stage when a child develops into an adult because of changes in their body that make them able to have children.
body	The whole physical structure that forms a person.
menstruation	The shedding of the womb/uterus lining each month which causes bleeding.
conception	Another word for fertilization.
fertilize	When a male sperm joins a female egg and a baby starts to grow.
intercourse	Where a male inserts his penis into the female's vagina.
pregnancy	When a woman has a baby developing in her womb.
womb	The place in a female where a baby grows during pregnancy.
transition	A change from one form to another.

## What you need to know



## Sticky knowledge

During puberty our body changes and develops ready for becoming an adult.

Every month a girl will have a period in which their body sheds the lining of their womb causing bleeding.

During puberty boys will experience wet dreams and will notice the voice deepens.

A baby is conceived by a man and a woman during intercourse, when a male sperm fertilizes a female egg and an embryo is formed.

Pregnancy lasts 9 months and is the time taken for a baby to develop in a woman's womb.

Transition leads to change which can bring worry or new opportunities.

## Jobs using RSE

**Midwife** - a nurse who specializes in providing pregnancy care and delivering babies

**RSE Teacher** - teach others about RSE

**Councillor** - supports and advises others during times of change or difficulty

**First Aider** - trained to administer first aid to others when they are unwell

## National Curriculum Objectives

- RSE18.To understand the changes that happen during puberty.
- RSE19.To understand the biology of conception.
- RSE20. To understand the development of the baby during pregnancy
- RSE21.To understand how to help someone who is choking.
- RSE22.To understand how to help someone who is unresponsive.

## Lesson sequence

1. To understand the changes that happen during puberty
2. To understand the biology of conception
3. To understand the development of a baby during pregnancy
4. To understand how to help someone who is unresponsive (first aid)
5. Transition Week visits
6. To understand that with change comes opportunities and worry