

# Gravity Safety Agreement

Indicate your agreement to each statement by toggling its control to the right  
Safety Agreement - Gravity

Our Safety Agreement contains important information about the risks involved whilst participating in Gravity activities. It includes information on what you must do to reduce such risks. Read our Safety Agreement carefully and sign it to confirm both your understanding and agreement that all rules will be followed. Do not sign this agreement if you do not fully understand or agree to its contents.

**You must be aged 16 or over to sign a Safety Agreement at Gravity, for yourself or someone aged under 16.**

## **Risk**

Risks include, but are not limited to, injuries such as; bruises, sprains, impacts, abrasions, twists, fractures, trapping, whiplash and concussions, which may occur and affect any part of your body - injuries sustained may be life changing and could result in death. You may also lose or damage your property, including, but not limited to; clothing, accessories, jewellery, technology and money. Gravity accept no responsibility for any theft of its customers property.

## **Safety Rules**

You must follow Gravity's rules at all times. If you are responsible for anyone aged under 16, you must ensure they too follow Gravity's rules - if you do not think this is possible, you/they must not participate under any circumstances as this will endanger yourself and others.

1. You must follow instructions from Gravity Staff Members & safety signage at all times without exception.
2. You must watch and pay full attention to the activity Safety Video(s) before starting any session. Under no circumstances may you participate in any activity unless you have watched and understood the full video.
3. You must not participate in any activity if you are not physically/mentally able to do so. If you have concerns about your ability to participate safely, you must seek professional advice before doing so - this includes pre-existing health conditions.
4. You must not participate if you are pregnant.
5. You must wear Gravity approved socks at all times. Socks must not be removed during participation.
6. You must not take/wear any objects into/on activity areas that may cause injury/damage to yourself or others. This includes, but isn't limited to; jewellery, watches, technology, sharps, food and medication.
7. You must wear appropriate clothing that enables ease of movement, suitable for strenuous physical activity.
8. You must leave the activity areas as soon as your session time expires or if Gravity staff instruct you to do so.
9. You must not run or race at any time in any location within Gravity.
10. You must stay in control and within your own abilities. If you feel un-controlled, you must stop immediately.
11. You must stay away from others - all physical, person to person contact is prohibited.
12. You must not 'double bounce' - bouncing on the same trampoline as someone else is prohibited.
13. You must bounce and land in the centre of trampolines - do not bounce outside of the coloured border or onto padding, walkways, rest areas or others.
14. You must land on two feet, your back or your bum when using trampolines. You must not land on your head.
15. You must not land on your feet or head when using airbags - only land on your back or bum.

16. You must not obstruct someone else's path - check your own path is completely clear before moving.
17. You must not sit, rest or lay down in any activity area. You must exit the activity area if you need to rest.
18. You must not do, or attempt, double flips or gainers (opposite rotation with movement).
19. You must not climb, hang or scale equipment unless signage or Gravity staff permit you to do so.
20. You must not throw any items/equipment in Gravity. This excludes dodgeball/dodge-attack areas.
21. You must not remove balls, pugil sticks (battle beam equipment) from the activity area it belongs in.
22. You must not climb without being fully harnessed and permitted to do so by a Gravity Staff Member.
23. You must not join any activity if you are unwell, or present symptoms of any disease (such as COVID-19).

### **Agreement**

- I have completely read, understood, and agree to the contents within this Safety Agreement.
- I understand the risks involved whilst participating in the karting activity.
- I will, without any exception, follow all safety rules outlined within this agreement.
- I will not participate if I am pregnant or otherwise physically/mentally unable to do so safely.
- I will ensure any under 16's I am responsible for will follow the safety rules outlined within this agreement
- I am able to ensure under 16's under my control will follow the rules without exception.
- I understand that I am responsible for my actions and the actions of any under 16's I am responsible for.
- I and those I am responsible for, do not have symptoms of any disease (such as COVID-19). I agree that I and those I am responsible for, will leave Gravity immediately if I/others in my party show any symptoms of disease.