

# Social Emotional Learning

## Lesson 3: Sharing Supplementary Activities



## Pre-school:

### Sharing picnic

Have a picnic at home and encourage your child to help you share out the food fairly. Discuss how happy it makes you to have the same amount of food as everyone else – when people share it makes other people feel happy. Discuss how it would feel if you had the food to yourself but no one to share it with.



## Age 4-7:

### Share and draw

Share something you like with your child and ask them to tell you something they like. Now each of you could draw a picture of what the other person has shared.



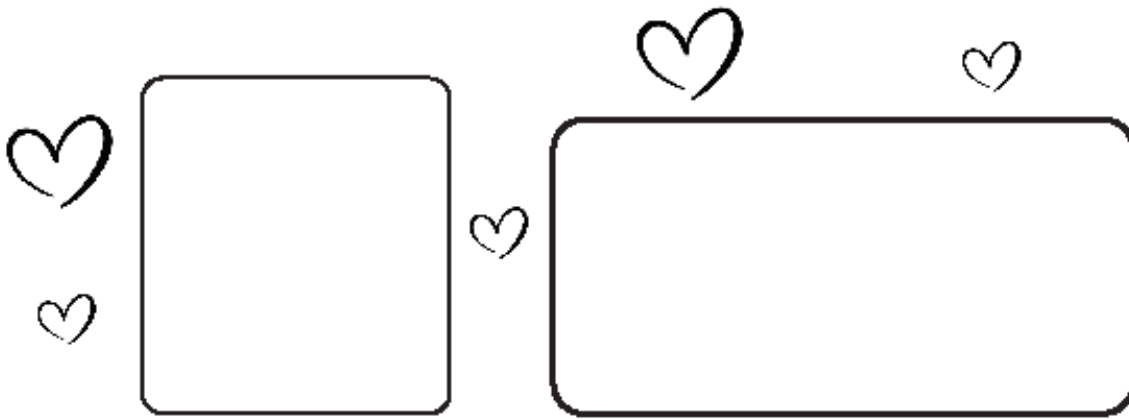
## Age 7-11:

### **Poster Activity**

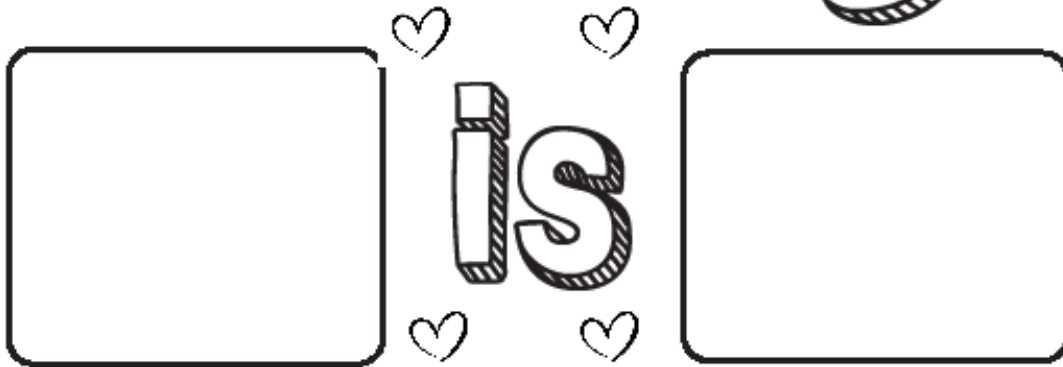
Create a 'Sharing is Caring' poster. To reinforce the message – put all materials in a pile on the table and encourage your child(ren) to share the material equally before making the poster. The poster could include drawings/pictures of things your child likes to share; pictures of how sharing makes us feel; phrases such as 'sharing is caring and 'win-win'. Please see **Appendix A** for a template.



# Appendix A



Sharing



Caring

