



## WHO AM I?

This indoor activity supports the following SEL concepts:

- ✓ Co-operative Learning
- ✓ Making good decisions/choices
- ✓ Listening to each other
- ✓ Trying again



### SEL TOP TIPS

for a successful game:

Try to remember:

- » Your fair play rules
- » To compliment your team mates
- » The Golden Rule
- » To listen to others
- » To use the steps for calming down
- » To problem solve:  
Stop, Make a plan & Go



## WHO AM I?

### WHAT YOU NEED

Post-it notes, pens

### HOW TO PLAY

1. All players sit in a circle.
2. Each player is given a post-it note and a pen (pens are better so that players across the circle can see what has been written down.)
3. Each player secretly writes on their post-it note the name of a person they know (a famous person, a cartoon character or someone in school.)
4. The players then stick their post-it note on to the person's forehead to the left of where they are sitting.
5. The players take turns going around the circle to ask questions about who they are.
6. Players are allowed to ask any question apart from "Who am I?" and "What is my name?"
7. The player can take a guess at who they are on their turn by saying, "Am I ...?"
8. The winner is the first person to guess who they are.

### VARIATION

Instead of playing with names of people, think about players being feelings, animals etc.